

Household Chores

Do you find yourself constantly picking up after your children? Do they think the “laundry fairy” breezes in and cleans up all the mess? Instead of wearing yourself out, physically and emotionally, try sharing household responsibilities!

Consider the Following:

- What’s your goal? Is it structure? Routine? Responsibility? Work ethic? Community?
- How do you already demonstrate responsibility?
- What’s more important to you: perfection or effort?
- How does sharing the household work build a sense of community among your family members?
- How will completing these responsibilities enhance your child’s self-esteem?

Don’t Forget:

- Your child’s age and developmental abilities will impact how much of the chore he/she is able to complete independently. For my 7-year-old, “Garbage” means gathering the small bathroom garbage cans on the night before trash day; “Bathrooms” means wiping down the counter and sink; and “Laundry” means helping me with some aspect of the chore, which might be sorting or folding.
- To have fun! Try “rewarding” your collective efforts with activities the whole family can enjoy, like a trip to the ice cream shop or a game of miniature golf!

Chores for _____

	Monday ~Trash~	Tuesday ~Sweep~	Wednesday ~Dust~	Thursday ~Vacuum~	Friday ~Bathrooms~	Saturday ~Laundry~
Week 1						
Week 2						
Week 3						
Week 4						

Chores for _____

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